

MEMBERSHIP

We are committed to our members. Our club encourages wellness by providing top of the line equipment, first class instructors, innovative classes, and staff that work to maintain a facility serving each individual in body and mind.

All the motivation you need for your personal fitness is right here! Our spacious facility enables comfortable exercising with room so that you can move at your own pace. We have a variety of memberships to select from which include a wide selection of Fitness Class access.

12 MONTH

£385

3 MONTH

£95

STUDENT

£20 PER MONTH

**ROLLING
PENSIONER DD**

£25

**ROLLING
MONTHLY DD**

£35

**ROLLING
COUPLES DD**

£60

**WET ONLY
DIRECT DEBIT**

£35

**CORPORATE
MEMBERSHIP**

£25*

£15 SIGNUP FREE APPLIES

Membership includes a 1 on 1 assessment every 6 months

*Minimum Corporate numbers 15

OPENING HOURS

Mon-Thurs: 6.30am - 9.30pm

Friday: 6.30am - 8.00pm

Saturday: 9.00am - 7.00pm

Sunday: 9.00am - 4.00pm

Opening hours are subject to change during holiday periods. Please check in advance. Pool & Health Suite opening hours vary, please see website for details

CLASSES

- ✓ Stretch and Core
- ✓ Yoga
- ✓ Aqua Aerobics
- ✓ Get Fit
- ✓ LBT
- ✓ Spin
- ✓ Power Up
- ✓ Boxercise
- ✓ Weightlifting
Correction Variation

ARMAGH CITY HOTEL
HEALTH & FITNESS CLUB



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