

MEMBERSHIP

We are committed to our members. Our club encourages wellness by providing top of the line equipment, first class instructors, innovative classes, and staff that work to maintain a facility serving each individual in body and mind.

All the motivation you need for your personal fitness is right here! Our spacious facility enables comfortable exercising with room so that you can move at your own pace. We have a variety of memberships to select from which include a wide selection of Fitness Class access.

12 MONTH
£395

3 MONTH
£105

STUDENT
£25 PER MONTH

**ROLLING
PENSIONER DD**
£29

**ROLLING
MONTHLY DD**
£39

**ROLLING
COUPLES DD**
£66

**COUPLE
PENSIONER DD**
£50

FAMILY
2 ADULTS
2 CHILDREN (UNDER 12)
£80 PER MONTH

**WET ONLY
DIRECT DEBIT**
£25

**CORPORATE
MEMBERSHIP**
£29*

£15 SIGNUP FREE APPLIES

Membership includes a 1 on 1 assessment every 6 months

*Minimum Corporate numbers 15

CLASSES

- ✓ Sweat
- ✓ Absolute Abs
- ✓ Circuits
- ✓ Power Up
- ✓ LBT
- ✓ Spin
- ✓ Stretch and Core
- ✓ Yoga
- ✓ Young at Heart
- ✓ Aqua Aerobics

OPENING HOURS

Mon-Thurs: 6.30am - 9.30pm
Friday: 6.30am - 8.00pm
Saturday: 9.00am - 7.00pm
Sunday: 9.00am - 4.00pm

Opening hours are subject to change during holiday periods. Please check in advance.

Pool & Health Suite opening hours vary, please see website for details

ARMAGH CITY HOTEL
HEALTH & FITNESS CLUB



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