



## Dinner Set Menu

### To Start

#### The Monks Platter (Starter/Main)

Pink Atlantic prawns with Marie rose sauce and with Martin Johnston's award-winning smoked salmon and pickled herrings accompanied with lemon and wheaten bread  
(F, E, G, Mu, C, SD)

#### Selection of Artisan breads (V)

Served with black olive tapenade, sundried tomato salsa and balsamic olive oil  
(G, M, SD, E)

#### Homemade Soup of the Day

Served with freshly baked bread rolls (Check with server about allergens)

#### Cajun Chicken Caesar Salad (V)

With bacon bits, croutons, parmesan cheese & a creamy Caesar dressing (G, E, M, SD)

#### Deep fried Cheese and Parma Ham Risotto Fritters

With tomato relish, micro herbs, and wholegrain honey mustard dressing (G, M, E)

#### Whipped Chicken Liver and Cognac Pate

Creamy chicken pate served with plum chutney and toasted ciabatta (G, M, SD)

### Mains

#### 10oz "Carnbrook" Sirloin Steak (£5.50 Supplement)

Garnished with crispy onion rings and homemade tomato salsa.

Cooked to your request & served with a choice of peppercorn sauce or gravy. (M, G, SD)

#### Pan seared Fillet of Salmon or Seabass

With tarragon butter sauce (F, M, CE, SD)

#### Baked Parmesan Chicken Supreme

With a choice of peppercorn sauce or gravy (M, Sd, Mu)

#### Pan Fried Barbury Duck Breast (served Pink) (Sd, M)

With Port gravy

#### Slow Cooked Mourne Lamb Shank

With roasted root vegetable in cooking sauce (M, C, Sd)

#### Thai Vegetable Curry

Steamed rice & warmed Naan bread and spring roll (G, M, N, CE, C)

All main courses are served with a choice of champ, chips or sauteed potatoes and a melange of vegetables

### For Dessert

Cheesecake of the Day (Check with the server for allergens)

Sweet of the Day (Check with the serve for allergens)

Strawberry Pavlova(E,M)

Chocolate Profiteroles(G,ME)

### Tea & Coffee

**Three Courses, Tea /Coffee £38.00pp**

**Two Courses, Tea/Coffee £34.00pp**

Allergy Advice Menu items with the following abbreviated codes contain ingredients that may cause allergic reactions

G-Gluten M-Milk E-Eggs MU-Mustard F-Fish C-Crustacean N-Nuts S-Sesame  
CE-Celery SD-Sulphur Dioxide L-Lupin MO-Molluscs SO-Soya P-Peanuts